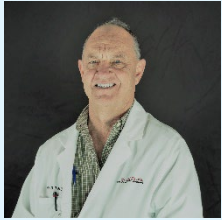


Diabetes Relief— Getting Your Life Back



Dwayne C. Miller, MD
Medical Director

Approximately 100 million Americans are living with diabetes or prediabetes. Diabetes is a metabolic disease that affects the way insulin is produced and used to control blood sugar levels. Over time, the body loses its ability to produce enough insulin to maintain a normal, healthy level, which can eventually lead to heart disease, kidney disease, nerve and small blood vessel damage, and stroke if left untreated.

What is Diabetes Relief?

Diabetes Relief is a physician directed physiologic insulin resensitization (PIR) program that treats the root cause of diabetes, which is metabolic failure. Patients work with a specialized team to create an individualized care plan based on their diabetic symptoms, medical history, and metabolism to determine the ideal treatment plan. The goal of this type of therapy program is to reduce insulin resistance,

and counter the complications of diabetes by improving carbohydrate metabolism, which can ultimately help patients find long-term relief from years of living with diabetes.

Diabetic Relief Process:

- Initial consultation to review medical history, diabetic symptoms, and metabolism
- Creation of a personalized care plan
- Diagnostic testing to identify any hormone imbalance that may contribute to metabolic failure
- Infusion of small amounts of insulin to retrain the liver to respond efficiently to meals
- Customized weight management program

Potential benefits:

- Improved energy levels
- Reduced need for medications
- Reduced nerve pain
- Faster wound healing
- Weight controlled
- Blood sugar controlled
- Reduced blood pressure
- Improved mood and sleep habits
- Improved hair and nail growth

**To learn more, call Comanche County
Medical Center at 325-330-5010**